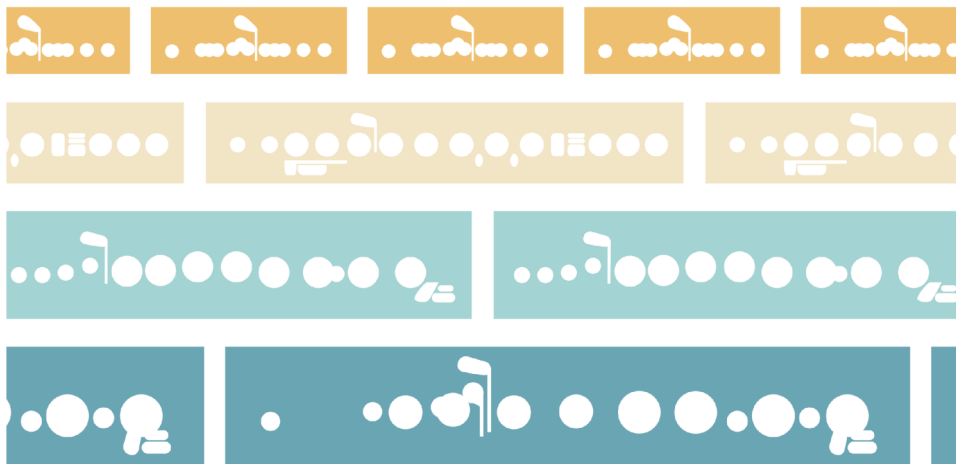




Reunited in Harmony
Mid-Atlantic Flute Convention

February 18-19, 2023

Hilton Washington Dulles, Herndon VA



Presented by The Flute Society of Washington

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Piccolo Masterclass

Laura Zabanal

Festival Flute Choir

Julie McDonald

Junior Flute Choir

Joan da Silva Heit

Registration

Elisabeth Berry

Program Book

Jeanette Donald

Upcoming FSW Events

FSW Spring Membership Recital

April 16, 3:00 pm, All Saints Church, Chevy Chase Circle, Chevy Chase, MD

Contact Tim Friedlander (friedlandert@aol.com) if interested in performing. Soloists/groups should plan for no more than 12 minutes (or so) maximum length. 50-minute or so program with 4--7 performances, first come first serve.

Watch for the **After Work Flute Camp** coming up in August, and another special guest artist recital and master class coming sometime this year.

The FSW needs YOU!

The 9-member FSW Board of Directors will hold elections this summer for their new 3-year term, which begins in Nov, 2023. The entire board is up for re-election every 3 years, and we are anticipating a few retirements. We meet about every 6 weeks on Zoom to plan our wonderful Mid-Atlantic Flute Convention and other flute events for the region. Please speak to one of the BOD members if you are interested in serving or helping out in other ways.



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2024 Mid-Atlantic Flute Convention

February 17-18, 2024

Hilton Washington Dulles
13869 Park Center Rd, Herndon VA

The Flute Choir Showcase

Any flute choir interested in performing in the 2024 Flute Choir Showcase should submit their contact information to:

flutechoirshowcase@fsw.net

Deadline: November 30, 2023

BADGES ARE REQUIRED FOR ALL EVENTS.

PLEASE WEAR YOUR BADGE AT ALL TIMES!

**REPLACEMENT OF A LOST OR STOLEN CONVENTION
BADGE WILL BE \$25, UPON VERIFICATION OF
PAID REGISTRATION.**

**REPLACEMENT OF A LOST OR STOLEN PROGRAM
BOOK WILL BE \$5.**

COVID PROTOCOLS

All persons, of any age, attending, performing, or representing an exhibitor at the convention must present proof of full vaccination against COVID-19, or a negative PCR COVID test taken within 72 hours of the start of the convention. *Wearing of masks is strongly recommended, except when performing.*



May we remind you...



No Smoking

No smoking is allowed in any performance area, rehearsal room, or exhibit area. Please note venue regulations on smoking on and around fair premises.



No Photographs or Videos

No photographing or videotaping is allowed in any scheduled concert or presentation (with or without flash, and including cell phone cameras) except by official fair photographer. Photography is permitted in social and exhibit areas.

Recording Policy

Any audio or video recording of any fair concert or presentation without first obtaining any and all legally required permissions and licenses is strictly prohibited, unless the person making the recording or causing the recording to be made:

- a) has, *prior* to making the recording or causing the recording to be made, obtained all legally required permissions and licenses from the copyright holders to make said recording and will obtain all legally required permissions and licenses from the copyright holders for each use that is made of said recording;
- b) has, *prior* to making the recording or causing the recording to be made, obtained the written permission for the making of and for each anticipated use of said recording from all the performers or performer groups, presenters and/or other participants and/or participant groups involved in the recorded presentation and/or performance;
- c) will not block the view of any person in the audience, create noise, or otherwise interrupt, disturb, disrupt, or delay the performance or presentation being recorded;
- d) will, for each additional or subsequent use of said recording, obtain from each of the performers or performer groups, presenters, and other participants and/or participant groups involved in said recorded presentation and/or performance the written permission for any and each such additional or subsequent use.



Please turn off all electrical devices before performance or presentation. NO CELL PHONE USE during any performance or presentation.

**Please observe policies as a courtesy to all the performers and attendees.
These policies will be strictly enforced by fair management.**

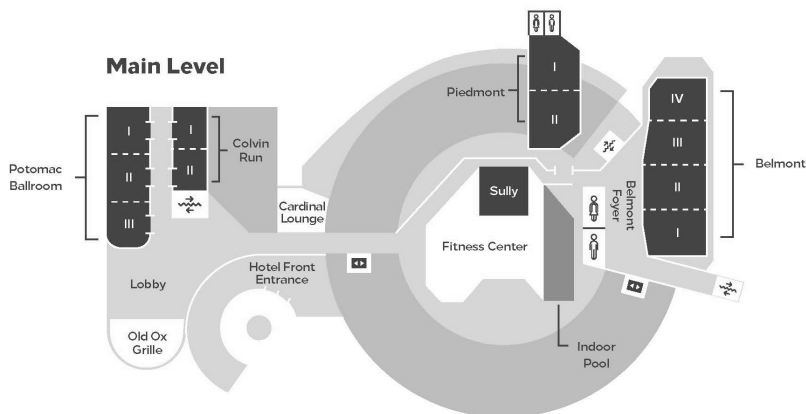
Rehearsals will take place in the performance halls between events. Please do not disturb them. Doors will open 10 minutes prior to the event.

Hilton Washington Dulles

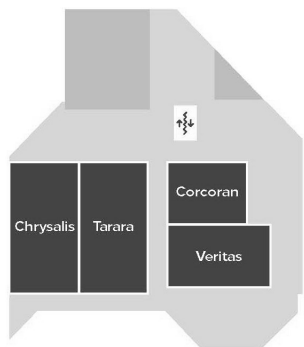
Meeting Space Information

FLOOR MAP KEY

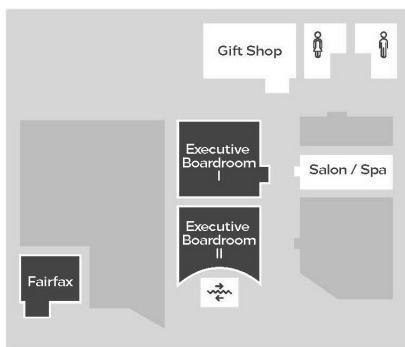
- Meeting/Conference Rooms
- Amenities
- Public Space
- Private



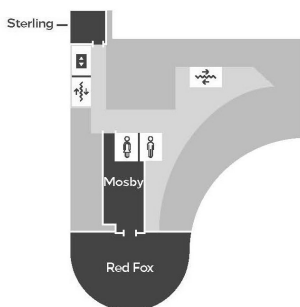
Lower Level



Second Floor



Third Floor





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Rules and suggestions for visiting the exhibit hall

- Only persons displaying the flute convention ID badge will be allowed to enter the exhibit hall.
- Exhibit hall entrance is Belmont IV. No other doors are permitted for entrance/exit except in an emergency.
- All instruments going in and out of the exhibit hall MUST be in a case. No exceptions.
- Belmont I is available for trying out instruments. Please do not monopolize the room. Do not play any instruments in the hallways or lobby.
- Study the schedule of events and decide what time to allot to visit the exhibit hall. We have scheduled some exhibit time already: Saturday 12:00-12:30 & Sunday 11:30-12:00.
- Be certain that items are complimentary before taking them from the exhibitor's table.
- Only exhibitors may do sales in the exhibit hall. There is a board near the registration desk for individuals to place personal ads.
- No food or drinks are permitted in the exhibit hall. (Registered exhibitors are exempt.)



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Friday, February 17

7:30-8:30 pm	Badge pickup for pre-registered attendees only	Lobby
7:30-9:30 pm	Festival Flute Choir Rehearsal	Piedmont

Saturday, February 18

7:30-5:30 pm	Registration	Lobby
8:15-9:05 am	Workshop: Flute Stretch <i>Bring your flute!</i> <i>Julianna Nickel</i>	Potomac I
8:15-9:05 am mont	Workshop: The Best Apps for Inspired Practice & Teaching <i>Susanna Klein</i>	Pied-
8:30-9:20 am	Workshop: Demystifying Breathing and Tonguing Sully <i>Anna Meyer</i>	
8:45-9:35 am	Affinity Group: Flutist Caregivers <i>A friendly space to share your experience and meet other flutists who are also caregivers to children, parents, whomever</i>	Chrysalis
9:00-12:30 pm	Flute Choir Showcase: Gettysburg College Flutes, FluteFortel, Chesapeake Flute Consort, Flute Flock of Gettysburg, Baltimore Flute Choir	Red Fox
9:00-10:00 am	Collegiate Soloist Competition <i>Anna Fenn, Cassie Lipton, Julie Vanderlugt</i>	Tarara
9:30-10:20 am	Recital: B Natural <i>Carla Auld</i>	Potomac I
9:30-10:30 am	Piccolo Master Class <i>Christine Beard, Michael Horowitz, Rebecca Needham, Abigail Sterner</i>	Colvin Run
9:30-10:20 am	Lecture-Recital: Fused: Pop Ideas + Classical Sounds <i>Meghan Bennett</i>	Piedmont
9:45-10:35 am Sully	Recital: Our Mothers Before Us, Our Sisters With Us <i>Virginia Hudson, Jennifer Amox</i>	
10:00 am-5:00 pm	Exhibit Hall Open	Belmont
10:00 am-12:00 pm	Open Mic <i>Impromptu ensembles welcome!</i>	Belmont Foyer
10:00-10:50 am	Recital: SkyLoom— Weavings in Sounds, Poetry, Chrysalis World Flutes and Percussion	

Nina Assimakopoulos

10:45-11:35 am mac III	Recital: Contemporaries and Impressionists of J.S. Bach <i>SFC Barbi Risken, SFC Emily Barone, SSG Valerie Cowan, SSG Julia Amadee, SSG Laura Zabanal</i>	Poto-
10:45-11:35 am	Recital: Sonic Storytelling <i>Willie Santiago</i>	Colvin Run
10:45-11:35 am mont	Workshop: Blowing Down Tubes for a Living <i>Gareth McLearnon</i> <i>Gareth McLearnon's appearance supported by Wm S Haynes Flute Company.</i>	Pied-
11:00-11:50 am Potomac I	Recital: Diamonds in the Rough <i>Matthew Ross</i>	
11:00-11:50 am	Recital: The Troll and the Fae: A Concert of Works by Leanna Keith <i>Leanna Keith, Rose Bishop, Christine Beard, Zoe Sorrell, Keith Hanlon, Julia McDonald</i>	Sully
11:00-11:50 am	Recital: Nature's Dance <i>Terese Bowers</i>	Tarara
11:30am-1:00 pm	<i>Pre-ordered lunches may be picked up at the convention Lobby registration desk</i>	
11:30am-12:20 pm	Panel Discussion: Fostering Inclusivity in Community Engagement <i>Dr. Alice Jones, Holly Shogbbesan, Ashley Shank</i>	Chrysalis
12:00-12:30 pm	Visit the Exhibits	Belmont
12:00-1:00 pm	Festival Flute Choir Rehearsal	Piedmont
12:30-1:20 pm Potomac I	Recital: Music from Cuba and Argentina <i>Joel Fabelo Gonzalez, Marco Granados</i>	
12:30-1:00 pm	Recital: Flute Loops and Film <i>Rozalind MacPhail</i>	Sully
12:45-1:45 pm	Young Artist Competition <i>Alice Judy, Anna Reitsma, Chloe Upshaw</i>	Colvin Run
1:00-1:50 pm alis	Workshop: Teaching Beginners with Confidence <i>Shauna Thompson</i>	Chrys-
1:15-2:05 pm	Flute Choir Reading Session	Fairfax

South America From Top to Bottom
Bring your flute and music stand!
Carmen Marulandas

1:30-3:30 pm er	Flute Choir Showcase	Belmont Foy-
	Flute Choir of Southern Maryland, Flute Cocktail, Woodbridge Flute Choir	
1:30-2:20 pm	Recital: Flutes on Fire! <i>Nina Assimakopoulos, Dustin White, Alyssa Schwarz, Sammy Holloman, Chloe Upshaw, Juniper Parker, Anna Reitsma, Ryan Limanto, Elev-8* Hybrid-Arts Flute Ensemble</i>	Piedmont
1:30-2:20 pm	Workshop: Intro to Baroque Ornamentation <i>Mehrdad Gholami</i>	Sully
1:30-2:30 pm	Student Honors Competition <i>Melinda Jiang, Ella Si, Malinda Zhu, Lucia Foshay, Annika Seshadri, Edward Smith, Gianna Baker, Yifan Li, David Seol</i>	Tarara
1:45-2:35 pm	Recital: Voices of the American West <i>Brian Luce</i>	Potomac I
2:00-2:30 pm	Lecture-Recital: Egészségédre! A Musical Tasting of Works by István Matuz <i>Kayla Hanvey</i>	Potomac III
2:00-2:45 pm	Recital: Low Flutes Project <i>Marta Plominska, Lucy Snell, Debbie Gilbert, Julie McDonald, Julianna Nickel, Lisa M. Cella, Tessa Brinckman</i>	Colvin Run
2:30-3:20 pm	Workshop: So What is Nuance Anyway? <i>Bring your flute!</i> <i>Angela McBrearty</i>	Chrysalis
2:45-3:35 pm	Recital: Colors of the World <i>Dustin White, Yana Nikol</i>	Potomac III
2:45-3:15 pm	Recital: DCFlutes in Concert <i>Aaron Goldman and Sandra Ragusa, Directors</i>	Red Fox
2:45-3:35 pm	Affinity Group: BIPOC Flutists <i>A welcoming space for flutists of color to come together and connect, sharing experiences and meeting other flutists</i>	Tarara
3:00-3:50 pm	Recital: Modern French Transcousins <i>Nicholas Fitton, Robert Cart, Troy Paolantonio, Courtney Martin</i>	Potomac I
3:00-3:50 pm	Recital: "There is Always Light:" Inspired by the Poetry of Amanda Gorman <i>Christine Beard</i>	Sully

3:15-4:05 pm	Recital: In Memoriam <i>Christina Webster, Lauren Zwonik, Eileen Grycky</i>	Colvin Run
4:00-4:50 pm	Recital: Junior Flute Choir and Festival Flute Choir <i>Alexandra Molnar-Suhajda and Linda Kirkpatrick, Directors</i>	Piedmont
4:00-4:50 pm	Workshop: PROJECT Trio: Beatboxing and Improvisation <i>Bring your flute!</i> <i>PROJECT Trio: Greg Patillo, flute, Daniel Berkey, saxophone, Peter Seymour, bass</i>	Chrysalis
4:15-5:05 pm	Recital: Legacy: American Tributes to Remembrance <i>Elizabeth Janzen</i>	Sully
4:30-5:20 pm	Recital: Music as Narrative <i>Katrina King Nicholson, Steven Lester</i>	Colvin Run
5:30-7:00 pm	Guest Artist Concert <i>Christina Jennings, flute, Lura Johnson, piano</i>	Potomac

*Award presentation for Student Honors, Collegiate Soloist, and
Young Artist will be prior to the concert*

7:30-8:15 pm	Cabaret Artist Concert <i>Featuring PROJECT Trio: Greg Patillo, flute, Daniel Berkey, saxophone, Peter Seymour, bass</i>	Red Fox
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*Pre-purchased buffet dinner will be served in the room. Wristbands MUST be
worn to enter serving area but are not necessary to attend the concert.
Cash bar available*

Sunday, Feb 19, 2023

8:15-9:05 am	Morning Warmup: The Body of Sound <i>Bring your flutes!</i> <i>Morgann Davis</i>	Sully
8:30-9:30 am	Flute Lovers' Breakfast <i>with Christina Jennings</i>	Red Fox
9:00 am-3:30 pm	Registration	Lobby
9:15-10:00 am Potomac III	Recital: Overlapping Sonorities: Woodwind Duo Premieres <i>Mehrdad Gholami, Shauna Thompson, Alicia Kosack</i>	
9:15-10:00 am	Recital: Works by Flutist-Composers <i>Dan Parasky, Tabatha Easley, Kayla Hanvey, Anamarie Diaz</i>	Colvin Run
9:15-10:05 am	Panel Discussion: Experiencing Technical	Chrysa-

lis

Difficulties: Ask the Tech
*Jeff Dening, Rachael Simon, David Kee,
Luke Penella, Keith Hanlon*

9:30-10:15 am	Recital: Three Loves <i>Seungmin Oh</i>	Potomac I
9:45-11:00 am	Flute Choir Showcase <i>Duquesne Flute Choir, Flutes on the Brink</i>	Belmont Foyer
9:45-10:35 am	Workshop: Ways to Improve Quality of Tone & Embouchure Flexibility <i>Elizabeth Lantz</i>	Sully
10:00-11:00 am	High School Flute Choir Concert <i>Gareth McLearnon, Conductor</i>	Piedmont
10:15-11:05 am III	Recital: American Women Soldiers Inspired by American Women Composers <i>SSG(P) Erin Morgan, SSG Shannon Moore, SSG Valerie Cowan, SSG Katie Rice Rogers</i>	Potomac
10:30 am-3:30 pm	Exhibit Hall Open	Belmont
10:30-11:20 am	Recital: <i>Marta Plominska and Shauna Thompson Marta Plominska, Shauna Thompson</i>	Potomac I
10:30-11:20 am	Recital: Avian Antics <i>Laura Benning, Maria Luisa de la Cerda Rohde, Gwyn Jones, Cynthia Rugolo, Nan Raphael, Laura Zabana</i>	Colvin Run
10:30-11:20 am	Affinity Group: LGBTQIA2S Flutists <i>A safe networking and social gathering for LGBTQIA2S flutists and allies</i>	Chrysalis
10:30-11:20 am	Recital: New and Noteworthy: Commissioned Works for Ensembles <i>Melissa Lindon, Jenny Cline</i>	Tarara
11:00-11:30 am	Workshop: Andersen Expanded! <i>Bring your flute! Rebecca Dunnell</i>	Sully
11:00-2:45 pm	Flute Choir Showcase <i>Trilovati, Flute Frenzy, Pennsylvania Flute Choir, Freedom High School, Arlington Flute Ensemble</i>	Red Fox
11:30am-1:00pm	<i>Pre-ordered lunches may be picked up at the convention Lobby registration desk</i>	

11:30 am-12:00 pm	Visit the Exhibits	Belmont
12:00-3:00 pm	Open Mic <i>Sign up for up to 15 minutes of time in this informal performance setting. No piano will be available, and chamber ensembles are encouraged.</i>	Belmont Foyer
12:00-12:50 pm mac I	Recital: From an End to New Beginnings: Music of Maier, Ravel, and Koechlin <i>Ai Goldsmith</i>	Poto-
12:00-12:50 pm Run	Recital: Celebrating Women Composers in the Flute Repertoire <i>Aimee Toner, John Ross</i>	Colvin
12:00-12:50 pm	Lecture/Recital: Discovering Vast Ukrainian Flute Heritage <i>Dmytro Gnativ</i>	Sully
12:00-12:50 pm mont	Workshop: Hear and Play: A Fun Approach to Extended Techniques for Everyone <i>Bring your flute!</i> <i>Julianna Nickel, Zoë Bockman, GMU Flute Studio</i>	Pied-
12:15-1:05 pm	Flute Choir Reading Session <i>Bring your flutes and a music stand!</i> <i>Led by María Luisa de la Cerda Rohde</i>	Fairfax
12:30-1:20 pm	Recital: The Poetic Voice: Music Inspired by Art and Poetry <i>Carol Rena Shansky</i>	Tarara
1:15-2:05 pm mac I	Recital: Borrowed Stories: Inspired by Music from the Orchestra <i>Christopher Lee, Denis Savelyev</i>	Poto-
1:15-2:05 pm Run	Recital: Broadening Our Horizons: Music to Diversify Your Flute Repertoire <i>Denis Karp, Alicia Kosack, Sarah McIver</i>	Colvin
1:15-2:05 pm	Recital: The Multimedia Flute <i>Valerie Cowan, Sammy Holloman, Angela McBrearty</i>	Sully
1:15-2:05 pm	Workshop: The Other Diaphragm: Can Pelvic Floor Strengthening Exercises Improve Air Support in Flutists? <i>Karlotta Davis, Patricia Surman</i>	Piedmont

1:30-2:00 pm lis	Workshop: The Sustainable Flute Studio: How Musicianship and Sustainability Go Hand in Hand <i>Holly Saks</i>	Chrysa-
1:45-2:45 pm	Student Masterclass <i>with Carolyn Oh</i>	Potomac III
2:00-2:50 pm	Affinity Group: Accessibility <i>Please join us for community and conversation about what it means to be an 'able' flutist. Allies and anyone who values access to all flutists are also welcome.</i>	Tarara
2:00-2:30 pm	Recital: Mélomanie 2: Contemporary Works for Flute and Harpsichord <i>Kimberly Reighley</i>	Veritas
2:30-3:20 pm	Recital: Flute Treasures <i>Rebecca Metheny Mason, Rose Bishop, Audra Ziegel</i>	Colvin Run
2:30-3:20 pm	Lecture: Make it Click: Visual and Kinesthetic Connections in Flute Pedagogy <i>Jessica Banks</i>	Sully
2:30-3:20 pm	Lecture Recital: Expanding the Sound Palette for Flute and Alto Flute <i>Danilo Mezzadri, Cate Hummel</i>	Piedmont
3:30-5:00 pm	Guest Artist Masterclass <i>with Christina Jennings and Lura Johnson, piano</i> <i>Featuring Winners of the Guest Artist Masterclass Competition</i>	Potomac

At the conclusion of the Guest Artist Masterclass,
bring your flutes for the participative
performance of "Shenandoah", arranged by Alexandra Molnar-Suhajda

NINA ASSIMAKOPOULOS

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Convention Information

Scan the QR code to access performer/presenter bios, online program book, and announcements.

To contact convention personnel during convention weekend, please email convention@fsw.net



<https://fsw.net/convention/>

NEW THIS YEAR!

Recognizing that strength is derived from knowing others in similar situations to one's own, we are pleased this year to offer

FOUR Affinity Group meetups - Flutist Caregivers, BIPOC Flutists, LGBTQIA2S Flutists, and Accessibility. These are casual gatherings, led by a facilitator, at which flutists can meet others facing the same issues, share stories, and network with others to find community and strength with those who share similar experiences.

Saturday

8:45 AM	Chrysalis	Caregivers of Children, Parents, and Others
2:45 PM	Tarara	BIPOC Flutists

Sunday

10:30 AM	Chrysalis	LGBTQIA2S Flutists
2:00 PM	Tarara	Accessibility

Flute Choir Showcase Schedule

Saturday, February 18

9:00 AM	Gettysburg College Flutes <i>Sarah McIver, director</i>	Red Fox
9:45 AM	FluteForte! <i>Susan M. Davis, director</i>	Red Fox
10:30 AM	Chesapeake Flute Consort <i>Gail Vehslage, director</i>	Red Fox
11:15 AM	Flute Flock of Gettysburg <i>Georgia Hollabaugh, director</i>	Red Fox
12:30 PM	Baltimore Flute Choir <i>Sara Nichols, director</i>	Red Fox
1:30 PM	Flute Choir of Southern Maryland <i>Lucy Snell, director</i>	Belmont Lobby
2:15 PM	Flute Cocktail <i>Linda Kirkpatrick, director</i>	Belmont Lobby
3:00 PM	Woodbridge Flute Choir <i>Debbie Gilbert, director</i>	Belmont Lobby

Workshop

Flute Stretch

Saturday, February 18, 2023 | 8:15-9:05 AM | Potomac I

With Julianna Nickel

Flute Stretch is a comprehensive warm-up and technique builder for any flutist, but particularly aimed at increasing the skills of the junior high, high school and college flutist. The stretch can be adapted to be more difficult as needed.

Workshop

The Best Apps for Inspired Practice & Teaching

Saturday, February 18, 2023 | 8:15-9:05 PM | Piedmont

With Susanna Klein

In this interactive session, participants will learn how to seamlessly integrate the latest technology to maximize student success in the studio, the classroom, and their own practice dojo. Mobile and desktop apps can motivate and re-energize, all the while making us more data driven. Apps make practice more efficient and fun. You will see the best music, game and sports apps in action and come away with ideas for integrating technology regularly into what you do as a player or teacher.

Workshop

Demystifying Breathing and Tonguing

Saturday, February 18, 2023 | 8:30-9:20 AM | Sully

With Anna Meyer

Does breathing baffle you? Do you get all tripped up when tonguing? Come and learn about the anatomy in our bodies that can help or hinder us when executing these very important techniques. Using Berlin Philharmonic horn player Sarah Willis' groundbreaking MRI footage, Dr Meyer will help us get an inside glimpse of what goes on in our bodies and how best to utilize our physical space during inhaling, exhaling and tonguing. Whether you are new to the flute, enjoy it as a hobby, or are looking for a career in music, this workshop will get you thinking differently about your body and your flute.

Affinity Group: Flutist Caregivers

Saturday, February 18, 2023 | 8:45-9:35 AM | Chrysalis

A friendly space to share your experience and meet other flutists who are also caregivers to children, parents, or whomever.

Collegiate Soloist Competition

Saturday, February 18, 2023 | 9:00-10:00 am | Tarara

Deborah Tien, Coordinator

All finalists will perform:

Three Preludes, Op. 18 Robert Muczynski (1929-2010)

I. Allegro

II. Andante molto

III. Allegro molto

Sonata in A minor C.P.E. Bach (1714-1788)

for Solo Flute, Wq. 132

II. Allegro

III. Allegro

Finalists:

Anna Fenn

James Madison University
Student of Beth Chandler Cahill

Cassie Lipton

University of Virginia
Student of Kelly Sulick

Julie Vanderlugt

Liberty University
Student of Giovanni Perez

Alternate: ***Amanda Yo***

Preliminary round judges: Cara Dailey, Kayla Hanvey, and York
Cheng-Yu Lu

Final round judges: Keith Hanlon, Julianna Nickel, and
Troy Paolantonio

Recital

B Natural

Saturday, February 18, 2023 | 9:30-10:20 AM | Potomac I

With Carla Auld

Danza de la Mariposa (2011)

Valerie Coleman (b. 1970)

Three Lakes

Daniel Dorff (b. 1956)

I. Lake Wallenpaupack

II. Kezar Lake

III. Salmon Lake

Spring Sonata, op. 24

L.V. Beethoven (1770-1827)

I. Allegro

II. Adagio molto espressivo

IV. Rondo

Green Places

Gary Schocker (b. 1959)

I. Topiary

II. Nightblooming

III. Troll Garden

***Carla Auld, flute
Bora Lee, piano***

Piccolo Masterclass

Saturday, February 18, 2023 | 9:30-10:30 am | Colvin Run

with Christine Beard

Laura Zabanal, Coordinator

Fantaisie in A Major
Vivace–Allegro

Georg Philipp Telemann (1681-1767)

Abigail Sterner

Concerto in A Minor, RV 445
I. Allegro

Antonio Vivaldi (1678-1741)

Michael Horowitz
P'nina Plotkin McCabe, piano

Sonata for Piccolo and Piano (2018) Amanda Harberg (b. 1973)
I. Allegro, flowing
II. Moderato, dreamy

Rebecca Needham
Jasmin Lee, piano

Judges: Chelsea Kaye Anderson, Troy Paolantonio, and
Nan Raphael

Lecture/Recital

Fused: Pop Ideas + Classical Sounds

Saturday, February 18, 2023 | 9:30-10:20 AM | Piedmont

With Meghan Bennett

Fused: Pop Ideas + Classical Sounds, a lecture-discussion, is deep dives into the world of pop artists and their music, analyzing the ways in which popular music culture influences our work as classical artists.

This multi-dimensional fusion of verbal content, videos and performances focuses on an array of artists, including Nina Simone, Beyoncé, Lady Gaga, Drake and Céline Dion.

Recital

Our Mothers Before Us, Our Sisters With Us

Saturday, February 18, 2023 | 9:45-10:35 AM | Sully

With Virginia Hudson and Jennifer Amox

Suite en trio, Op. 59

Melanie Bonis (1858-1937)

I. Serenade

II. Pastorale

III. Scherzo

Sonatina for Two Flutes

Shulamit Ran (b. 1949)

II. Adagio

Lifelines

Natalie Joachim (b. 1983)

Au-Delà du Temp

Yuko Uebayashi (b. 1975)

I. La lumière lointaine de nuit

II. La lumière dansante

III. La lumière blanche

IV. La lumière tournante dans le rêve

Virginia Hudson, flute

Jennifer Amox, flute

Kristine Olefsky, piano

Open Mic

Saturday, February 18, 2023 | 10:00 AM-12:00 PM | Belmont Foyer

Sign up for up to 15 minutes of time in this informal performance setting. No piano will be available, and chamber ensembles are encouraged.

Recital

SkyLoom: Weavings in Sound, Poetry, World Flutes, and Percussion

Saturday, February 18, 2023 | 10:00-10:50 AM | Chrysalis

With Nina Assimakopoulos

The Legend of SkyWoman Nina Assimakopoulos (b.1969)
for Flutes, Narration, Percussion and Soundscape

SkyLoom Nina Assimakopoulos (b. 1969)
Six works for world flutes, percussion and poems

*Nina Assimakopoulos, western and world flutes,
including Native American flutes
Mike Vercelli, percussion*



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Recital

Contemporaries and Impressionists of J.S. Bach

Saturday, February 18, 2023 | 10:45-11:35 AM | Potomac III

With The United States Army Old Guard Fife and Drum Corps' Historical Flute Ensemble: SSG Julia Amadee, SFC Emily Barone, SSG Valerie Cowan, SFC Barbi Risken and SSG Laura Zabanal

Trio Sonata in G Major, BWV 1039 Johann Sebastian Bach (1685-1750)

- I. Adagio
- II. Allegro ma non presto
- III. Adagio e piano
- IV. Presto

SFC Emily Barone and SSG Laura Zabanal, traverso
SSG James Hettinga, cello

Twenty Pieces for Musical Clock George Frideric Handel (1685-1759)

- A Voluntary or a Flight of Angels
- Air
- Aria dell'opera Ariadne (1733)
- Menuet
- Gigue

SFC Barbi Risken and SSG Julia Amadee, traverso

Trio Sonata in C Major, TWV 42: Georg Philipp Telemann (1681-1767)

- I. Introduzione (Grave - Vivace)
- II. Andante
- III. Xantippe
- V. Corinna
- VI. Clelia

SFC Emily Barone, SSG Valerie Cowan and
SSG Julia Amadee, traverso

Duet No. 1 in E Minor, F:54 Wilhelm Friedemann Bach (1710-1784)

- I. Allegro
- II. Larghetto
- III. Vivace

SFC Barbi Risken and SFC Emily Barone, traverso

Recital

Sonic Storytelling

Saturday, February 18, 2023 | 10:45-11:35 AM | Colvin Run

With Willie Santiago

Duo (2012)

Karim Al-Zand (b. 1970)

I. Mussette

II. The Crestfallen Moon

III. Snapdragon

Folk Songs No. 9 (1991)

Reza Vali (b. 1972)

I

II

III

IV

V

VI

VII

VIII

Llef (1988)

Hilary Tann (b. 1947)

Willie Santiago, flute
Emma Johnson, cello

Workshop

Blowing Down Tubes for a Living: The Entrepreneurial Flutist

Saturday, February 18, 2023 | 10:45-11:35 AM | Piedmont

With Gareth McLearnon

Gareth McLearnon speaks on his portfolio career, outlining the different possibilities for making a living as a professional flutist.

FSW would like to thank Haynes Flutes for their support of Gareth's appearance



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Recital

Diamonds in the Rough

Saturday, February 18, 2023 | 11:00-11:50 AM | Potomac I

With Matthew Ross

Sonate en Concert, op. 64 (1958)

László Lajtha (1892-1963)

I. Entrée avec deux cadences

II. Berceuse nostalgique

III. Menuet mélancolique

IV. Final gai

Sonate, op. 77 (1924)

Joseph Jongen (1873-1953)

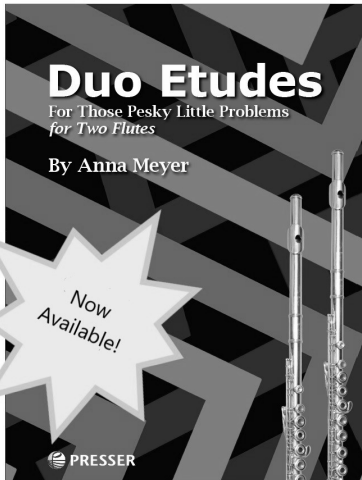
I. Prelude

II. Très animé

III. Modéré

IV. Gigue: Allegro

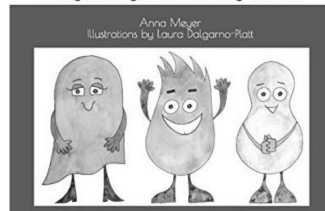
Matthew Ross, flute
Ryo Yanagitani, piano



With companion recordings on YouTube

The Monster Flute Method Book

A beginner's guide to learning the flute



Available now on Amazon

Excellent book! My students love it! Can't wait for more
to come out! - **Adam Eccleston**, flutist and educator

www.aemeyer.com

Recital

The Troll and the Fae: A Concert of Works by Leanna Keith

Saturday, February 18, 2023 | 11:00-11:50 AM | Sully

With Christine Beard, Rose Bishop, Keith Hanlon, Leana Keith, Julie McDonald, and Zoe Sorrell

Home for flute or bass flute (2021)	Leanna Keith (b.1992)
Pressure (2022)	Leanna Keith (b.1992)
Journey to the East: flute and piccolo solos (2015)	Leanna Keith (b.1992)
Troll and the Fae for flute and piccolo	Leanna Keith (b.1992)
I. The Troll and the Fae	
II. Will-o-the-Wisp	
III. Baba Yaga	
IV. Anansi the Spider	
V. Báihǔ the King of Beasts	
VI. Coyote the Trickster	
VII. The Phoenix	

***Christine Beard, piccolo
Rose Bishop, flute and piccolo
Keith Hanlon, piccolo
Leanna Keith, flute
Julie McDonald, flute
Zoe Sorrell, flute***

Recital

Nature's Dance

Saturday, February 18, 2023 | 11:00-11:50 AM | Tarara

With Teresa Bowers

Summer Music for flute and guitar

Allen Krantz (b. 1951)

I. Prelude

II. Berceuse

III. Dancing

Canyon Echoes, Op. 45

Katherine Hoover (1937-2018)

I. Dance

II. Serenade

Tableaux de Voyage

Paul Merger (b. 1936)

IV. La Mer

Histoire du Tango

Astor Piazzolla (1921-1992)

II. Cafe

III. Nightclub

*Teresa Bowers, flute
James Hontz, classical guitar*

Panel Discussion

Fostering Inclusivity in Community Engagement

Saturday, February 18, 2023 | 11:30-12:20 PM | Chrysalis

*With Dr. Alice Jones, Assistant Dean of Community Engagement and
Career Services, The Juilliard School*

*Holly Shogbesan, Secretary and Education Committee Chair, Umoja
Flute Institute*

*Dr. Ashley Shank, Co-Founder and Finances, Flute New Music
Consortium*

Fostering Inclusivity in Community Engagement is a 50-minute discussion-based panel led by a moderator. Each guest will speak on their own thoughts and expertise relating to building strong, sustainable relationships in our communities and creating a culture of inclusion and belonging within the communities we serve. The panel will be followed by a 15-20 minute question and answer session, either in-person or anonymously via discord channel.

Fostering Inclusivity in Community Engagement is open to the public.

Recital

Music from Cuba & Argentina

Saturday, February 18, 2023 | 12:30 - 1:20 PM | Potomac I

With Joel Fabelo Gonzalez and Marco Granados

Sonata para Flauta Sola

Leo Brower (b. 1939)

I. Preludio

II. Tonada

III. Pequena Toccata

Contorno

Eduardo Martin (b. 1956)

Balada del amor adolescente

Jose Maria Vitier (b. 1954)

Danzon “Contigo Pan y Cebolla”

Jose Maria Vitier (b. 1954)

Joel Fabelo Gonzalez, flute
Jasmin Lee, piano

Allegro Tangabile

Astor Piazzolla (1921-1992)

from the Opera Maria de Buenos Aires

arr. Marco Granados

Adiós Nonino

Astor Piazzolla (1921-1992)

arr. Marco Granados

Milonga Sin Palabras

Astor Piazzolla (1921-1992)

arr. Marco Granados

Fugata

Astor Piazzolla (1921-1992)

arr. Marco Granados

La Muerte del Ángel

Astor Piazzolla (1921-1992)

arr. Marco Granados

Libertango

Astor Piazzolla (1921-1992)

arr. Marco Granados

Marco Granados, flute
Jasmin Lee, piano

Recital

Flute Loops

Saturday, February 18, 2023 | 12:30-1:00 PM | Sully

With Rozalind MacPhail

DON'T LET ME FALL TOO FAR

Rozalind MacPhail (b. 1974)

1. Overture
2. The Harbour
3. Interlude 1
4. Homeless
5. Interlude 2
6. Alders
7. Affirmations
8. Silver Wings

Rozalind MacPhail, flute



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Young Artist Competition

Saturday, February 18, 2023 | 12:45-1:45 pm | Colvin Run

Carla Copeland-Burns, Coordinator

All finalists will perform:

Sonata No. 1
III. Allegro Giocoso Eric Ewazen (b. 1954)

Concerto for Flute and Orchestra Otar Gordeli (1928-1994)

Icicle for solo flute Robert Aitken (b.1939)

Chloe Upshaw, flute Sun Jung Lee, piano

Zoom Tube for solo flute Ian Clarke (b.1964)

Fantasie Georges Huë (1858-1948)

Anna Reitsma, flute Sun Jung Lee, piano

Suite op. 34, III. Romance Charles-Marie Widor (1844-1937)

Sonata for Flute and Piano,
III. Allegro scherzando Otar Taktakishvili (1924-1989)

Alice Judy, flute Bora Lee, piano

Alternate: *Natalie Trejo*

Preliminary Round Judges: Anne Laney, Beth Larsen, and
Caroline Ulrich

Final Round Judges: Beth Chandler Cahill, Robert Cart, and
Elizabeth Lantz

Workshop

Teaching Beginners with Confidence

Saturday, February 18, 2023 | 1:00-1:50 PM | Chrysalis

With Shauna Thompson

Even for the most experienced flutist, teaching beginners can be a daunting task. Practice simple and effective methods to teach embouchure, hand position, articulation, vibrato, and more to beginners of any age. We will address many of the most commonly encountered roadblocks and there will be time for questions.

Flute Choir Event

Reading Session

South America from top to bottom!

Saturday, February 18, 2023 | 1:15-2:05 PM | Fairfax

With Carmen Marulanda

Bring your flute and music stand!

Gabriela, Vals pasaje	Carmen Marulanda
Chipola, Joropo	Carmen Marulanda arr. Paul Desenne
Bambuco	Carmen Marulanda arr. Paul Desenne
Moon Cumbia	Carmen Marulanda
Bolero Rhumba	Carmen Marulanda
La Gata, Milonga	Carmen Marulanda

Recital

Flutes on Fire!

Saturday, February 18, 2023 | 1:30-2:20 PM | Piedmont

With Nina Assimakopoulos and the Elev-8* Hybrid-Arts Flute Ensemble: Kaitlyn Dotson, Shaylee Groves, Sammy Holloman, Greta Hulterstrum, Ryan Limanto, Jaime Mandelson, Hanna Noh, Juniper Parker, Anna Reitsma, Chloe Upshaw

Pirouette on a Moon Sliver
(edited version) Amy Beth Kirsten (b. 1972)

Ryan Limanto, flute and theatrical performance

Ri Ra I (2020) Ata Ghavidel (b. 1988)

Dustin White, flute

The Great Train Race Ian Clarke (b. 1964)

***Elev-8* Hybrid Arts Flute Ensemble, flutes and choreography
Kaitlyn Dotson, Shaylee Groves, Sammy Holloman,
Greta Hulterstrum, Ryan Limanto, Jaime Mandelson, Hanna Noh,
Juniper Parker, Anna Reitsma, Chloe Upshaw***

Revamped Anne LaBerge (b.1995)

Juniper Parker and Shaylee Groves, flute and choreography

Reflections Maggi Payne (b.1945)

Chloe Upshaw and Anna Reitsma, flutes and choreography

Tsuru-no-Sugomori (Nesting of Cranes)
for solo flute (1999) Wil Offermans (b. 1957)

Sammy Holloman, flute

Prismatic Wind for flute and electronics Chloe Upshaw (b. 1996)

Chloe Upshaw, flute

Zoom Tube (2001) Ian Clarke (b. 1964)
Nina Assimakopoulos, flute and choreography

Workshop

Introduction to Baroque Ornamentation

Saturday, February 18, 2023 | 1:30-2:20 PM | Sully

With Mehrdad Gholami

In this workshop, the presenter will introduce the fundamentals of ornamentation. This will include resources, sample pieces and practical tips. The intended audience for this workshop includes all ages and levels of flute players, and it is designed to be simple, straightforward and provide a “starting point” for someone with no knowledge of early music prior to this class. The majority of the examples are driven out of original sources by the era's composers.

Outline :

- Definition
- Where to begin?
- Take baby steps!
- Have a specific goal!
- Incorporate on your daily practice!
- Pick a piece, then pick one measure!
- Listen and imitate!
- Resources
- Name drop! (Learning who is who and what composers to begin with)
- Play – Examples from the repertoire – interactive with volunteers

Honors Competition

Saturday, February 18, 2023 | 1:30-2:30 pm | Tarara

Chelsea Kaye Anderson, Coordinator

Elementary Division

The Blue Bells of Summer Haven
from *Solo Spotlight*

Ricky Lombardo (b. 1946)

Finalists:

Melinda Jiang
Student of Donna Dymond

Ella Si
Student of Susan Brandt

Malinda Zhu
Student of Susan Brandt

Junior Division

Danse de la chevre

Arthur Honegger (1892-1955)

Finalists:

Lucia Foshay
Student of Angela Kelly

Annika Seshadri
Student of Sarah Casey

Edward Smith
Student of Laura Kaufman

Senior Division

Winter Spirits for solo flute

Katherine Hoover (1937-2018)

Finalists:

Gianna Baker
Student of Carla Copeland-Burns

Yifan Li
Student of Susan Brandt

David Seol
Student of Rachel Choe and Denis Savelyev

Preliminary Round Judges: Caroline Church, Allison Duncan,
Christian Lampkin, and Jeannette-Marie Lewis

Final Round Judges: Susan Bour, Nicholas Fitton, and Matthew Ross

Recital

Voices of the American West

Saturday, February 18, 2023 | 1:45-2:35 PM | Potomac I

With Brian Luce

Rhapsody Richard Faith (1926-2021)

The Hunt (2017) Christopher Caliendo (b. 1956)

Mnicakmun (2020) William Linthicum-Blackhorse (b. 1989)
I. Mnicásniyanyanla
III. Mnicáluza
III. Mnióhuta

Sonata for flute and piano, Robert Muczynski (1929-2009)
Op. 14 (1961)
I. Allegro deciso
II. Scherzo: Vivace
III. Andante
IV. Allegro con moto

Brian Luce, flute
Jasmin Lee, pianist

Lecture/Recital

Egészségédre! A Musical Tasting of Works by István Matuz

Saturday, February 18, 2023 | 2:00-2:30 PM | Potomac III

With Kayla Hanvey

A pioneer in contemporary techniques, István Matuz's career as a pedagogue, performer, and researcher have left a lasting impact on our global flute community. Sit back, relax, and enjoy the complex and full-bodied musical offerings of this Hungarian flutist-composer through a selection of works from his publication, "6 Studii per flauto solo".

6 Studii per flauto solo István Matuz (b.1947)
III. Sakura, Sakura
IV. Keep Right On Blowing

Kayla Hanvey, flute

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at every stage of your artistic evolution

Recital

Low Flutes Project

Saturday, February 18, 2023 | 2:00-2:45 PM | Colvin Run

***With Tessa Brinckman, Lisa Cella, Debbie Gilbert, Julie McDonald,
Julianna Nickel, Marta Plominska, and Lucy Snell***

Flutterby (2022)

Jennifer Bellor (b.1983)

***Marta Plominska, flute
Dawid Mzyk, trombone***

Ballade for alto & bass flutes and piano

Daniel Dorff (b. 1956)

***Julie McDonald, alto flute
Julianna Nickel, bass flute***

**Oblivion & Libertango
for flute, alto flute & piano**

**Astor Piazzolla (1921-1992)
arr. Gareth McLearnon**

***Lucy Snell, flute
Debbie Gilbert, alto flute
Bora Lee, piano***

Flashpoint for bass flute (2022)

Linda Dusman (b. 1956)

Lisa Cella, bass flute

Whispering in the Wind for alto flute (2020)

Aida Shirazi (b. 1987)

**WORLD PREMIERE
*Tessa Brinckman, alto flute***

Glimmer for alto and bass flute duo (2002) Dominik Karski (b. 1972)

***Tessa Brinckman, alto flute
Lisa Cella, bass flute***

Workshop

So What is Nuance Anyway?

Saturday, February 18, 2023 | 2:30-3:20 PM | Chrysalis

With Angela McBrearty

This is a hands-on workshop for participants to bring their instruments. We will play through excerpts, both individually and in a group, to work on discovering nuance in the context of a solo and will work systematically through some exercises to help participants figure out what nuance really means and how to approach it in their playing. In the end, attendees will be able to develop their own sense of nuance.

Recital

Colors of the World

Saturday, February 18, 2023 | 2:45-3:35 PM | Potomac III

With Dustin White and Yana Nikol

Tasasul I	Saad Haddad (b. 1992)
	<i>Dustin White, flute</i>
Natural Compromisation	Yana Nikol (b. 1984)
El Condor Pasa (Peru)	Daniel Alomia Robles (1871-1942)
Pajaro Campana (Paraguay)	Felix Perez Cardozo (1908-1952)
Nazad, Nazad, Mome Kalino	Bulgarian folk song
Kang Ding Love Song	Chinese folk song
Oh Shenandoah	Traditional American

Project Locrea

Yana Nikol, flute
Juan Cayrampoma, Andean flutes
Chao Tian, Yangqin (Chinese dulcimer)
Cristian Perez, guitar
Manny Arciniega, percussion

Concert

DC Flutes - The Official Flute Choir of
The Flute Society of Washington

Saturday, Saturday, February 18, 2023 | 2:45-3:15 PM | Red Fox

Aaron Goldman and Sandra Ragusa, Directors

Birdflight	Nancy Telfer (b. 1950)
Strange Birds Passing	John Luther Adams (b. 1953)
Cool Mosses Deep	Philip Carlsen (b. 1951)
Flute Suite, op. 41	Salvador Brotons (b. 1959)
3. Scherzo	
5. Choral	
6. Finale	

Piccolo: Laura Benning, Barbara Vigil

***C flute: Meghan Shanley Alger, Elisabeth Berry, Christine Dulaney,
Elsbeth Fager, Lenore Gelb, Gwyn Jones, Jenn Kerwin,
Marilyn Marshall, Julianne Martinelli, Kyle Maurer,
Rebecca Metheny Mason, Sarah McIver, Cynthia Rugolo,
Barbara Vigil, Alyssa Williamson***

***Alto Flute: Ellen Ensel, Lobo Goldman, Jayne Traynor Rose,
Deborah Weinberger***

***Bass Flute: Kevin Gilbert, Hazel Johnson, Teresa Meeks, Maria
Luisa de la Cerda Rohde***

Contrabass Flute: Abby Schendt

Affinity Group

BIPOC Flutists

Saturday, February 18, 2023 | 2:45-3:35 PM | Tarara

A welcoming space for BIPOC flutists to come together and connect,
sharing experiences and meeting other flutists.

Recital

Modern French Transcousins

Saturday, February 18, 2023 | 3:00-3:50 PM | Potomac I

With Robert Cart, Nicholas Fitton, and Troy Paolantonio

Tableaux de Provence Paule Maurice (1910-1967)

I. Farandole des jeunes filles tr. Nicholas Fitton

II. Chanson pour ma mie

III. La bohémienne

IV. Des alyscamps l'âme soupire

V. Le cabridan

Nicholas Fitton, piccolo

Hui-Chuan Chen, piano

Sonata for flute alone, Op. 27 No. 3 Eugène Ysaÿe (1858-1931)
tr. Robert Cart

WORLD PREMIERE

Robert Cart, flute

Six Pieces Breves en Duo Jacques Casterede (1926-2014)
pour deux flutes tr. Troy Paolantonio

I. Prelude

II. Chicanes

III. Berceuse

IV. Mouvement Perpetuel

V. L'homme Fidel

VI. Marche

Courney Martin and Troy Paolantonio, flute

Pastorale pour flute et piano Jacques Casterede (1926-2014)
tr. Troy Paolantonio

Sonate pour alto flute et piano Jacques Casterede (1926-2014)
I. Moderato Pastorale tr. Troy Paolantonio

Troy Paolantonio, flute

Hui Chuan Chen, piano

Les Heures Calmes, pour 1, 2, 3 flutes Jacques Casterede (1926-2014)
I. Pour Jouer Seul tr. Troy Paolantonio

II. Pour Jouer à Deux

III. Pour Jouer à Trois

Nicholas Fitton, Courtney Martin, and Troy Paolantonio, flute

Recital

“There is Always Light:” Inspired by the Poetry of Amanda Gorman

Saturday, February 18, 2023 | 3:00-3:50 PM | Sully

With Christine Beard

Rising Oceans for piccolo and piano (2020) Herman Beeftink (b. 1953)

Farewell Feathered Friends No. 1 for piccolo and backtrack (2020) Jacob TV (b. 1951)

Thoughts and Prayers for flute and backtrack (2022) Leanna Keith (b. 1990)

Broken Child for flute and piano (2014) Wissam Boutsany (b. 1960)

Hindewhu for piccolo and piano (2022) Evan Williams

Fanmi Imén for flute and piano Valerie Coleman (b. 1970)

***Christine Beard, flute and piccolo
Stacie Haneline, piano***

Recital

In Memoriam

Saturday, February 18, 2023 | 3:15-4:05 PM | Colvin Run

With Eileen Grycky, Christina Webster, and Lauren Zwonik

Itinerant in Memory of Isamu Noguchi Tōru Takemitsu (1930-1996)
for Solo Flute

Christina Webster, flute

Cantilena Roma Cafolla (b. 1948)

Ocean of Glass (2021) Jennifer Margaret Barker (b. 1965)

Tiger Lily Trio

Eileen Grycky, flute
Christopher Nichols, clarinet
Christine Delbeau, piano

Echoes of Autumn (1965) George Crumb (1929-2022)

Eco 1. Fantastico

Eco 2. Languidamente, quasi lontano (hauntingly)

Eco 3. Prestissimo (allegro possibile)

Eco 4. Con bravura

Eco 5. Dark, intense

Eco 6. Dark, intense

Eco 7. Dark, intense

Eco 8. Feroce, violento

Eco 9. Serenamente, quasi lontano (hauntingly)

Eco 10. Senza misura (gently undulating)

Eco 11. Adagio, like a prayer

Lauren Zwonik, flute
Lucas H. T. Martins, violin
Jonathan Cannon, clarinet
Katie Leung, piano

Concert

Junior Flute Choir

Saturday, February 18, 2023 | 4:00 pm | Piedmont

Alexandra Baldwin, Conducting
Joan da Silva Heit, Coordinator
Maggie Suarez, Assistant Coordinator

When Magnolias Were Blooming Colin Wu

First Movement of this two movement piece

The thematic material of the first movement is derived from the eighth prelude of Claude Debussy's first book of preludes, *La fille aux cheveux de lin*.

Colin is the winner of 'Students Writing for Students' (judges: Kelly Via, Alexandra Baldwin)

Meditation on 'Abide With Me' Kelly Via

Commissioned by the West Michigan Flute Orchestra under the direction of Julie Sooy, assisted with a grant from the Timothy J. Pennings Advised Fund of the Community Foundation of the Holland/Zeeland Area, 2021.

Named Finalist in the National Flute Association Newly Published Music Competition.

Columbia Flute Choir, Featured Low Flutes

Junior Choir Members:

Musician	School	Teacher
Nathaniel Chung	J. Michael Lunsford Middle School, VA, 8th	Sydney Stein
Natalia Diaz-Hul	Crofton Middle School, MD, 8th	Susan Carmichael-Kerry
Mayleigh Graves	Central York Middle School, PA, 8th	Alicia Kosack
Ellie Hewa	Bull Run Middle School, VA, 8th	Louisa Loe
Vivian Hildebrandt	Sandburg Middle School, VA, 8th	Laura Kaufman
Violet Jaillon	Kilmer Middle School, VA, 8th	Claire Smith
Andrew Khouri	Bull Run Middle School, VA, 7th	Louisa Loe
Alicia Kim	Georgetown Day School, DC, 8th	David Lonkevich
Zoe Kim	Patapsco Middle School, MD, 6th	Denis Karp
Ethan Nguyen	Cuthbertson Middle School, NC, 8th	Allison Marie Kelsey
Siena Pegues	Severna Park Middle School, MD, 8th	Courtney Martin
Amelia Pocock	Frost Middle School, VA, 7th	Claire Smith
Olivia Ray	St. John the Evangelist School, VA, 8th	Debbie Gilbert
Kira Yamashita	Mary Ellen Henderson Middle School, VA, 7th	Claire Smith

Concert

Mid-Atlantic Festival Flute Choir

Saturday, February 18, 2023 | 4:00 PM | Piedmont

The Mid-Atlantic Junior Flute Choir will perform immediately prior to the Festival Choir

Linda Kirkpatrick, conductor

Julie McDonald, coordinator

It's Gonna' Be Great!	Jonathan Cohen (b. 1954)
Gavota	Manuel M. Ponce (1882-1948) Arr. Héctor Javier Rodríguez
Juba	Valerie Coleman (b. 1970)
Swamp Tales 1. Vasyugan Swamp – Russia	Charles Fernandez (b. 1960)
Lamasery Jigsaw	Gareth McLearnon (b. 1980)

Workshop

PROJECT Trio: Beatboxing and Improvisation

Saturday, February 18, 2023 | 4:00-4:50 PM | Chrysalis

With Greg Pattillo

Greg Pattillo and PROJECT Trio will give an in depth look at beatboxing and improvisation. No prior beatboxing or improvisation experience required! The class will be fun and interactive...so, bring your flute and be ready to try new things.

Greg Pattillo, flute
Daniel Berkey, saxophone
Peter Seymour, double bass

Recital

Legacy: American Tributes to Remembrance

Saturday, February 18, 2023 | 4:15-5:05 PM | Sully

With Elizabeth Janzen

Legacy (1999)	Jennifer Higdon (b. 1962)
1975 (2018)	José Luis Hurtado (b. 1975)
A.N.S. A New Sound (2021)	Trevor Weston (b. 1967)
Duo for flute and piano (1971)	Aaron Copland (1900-1990)
I. Flowing	
II. Poetic, somewhat mournful	
III. Lively, with bounce	

Elizabeth Janzen, flute
Sehee Lee, piano

Recital

Music as Narrative

Saturday, February 18, 2023 | 4:30-5:20 PM | Colvin Run

With Steven Lester and Katrina King Nicholson

Trio for Flute, Clarinet, and Piano Aram Khachaturian (1903-1978)

I. Andante con dolore, con molto espressione arr. Josh Snively

II. Allegro

III. Moderato

Enigmatic

Josh Snively (b. 1997)

Armonia Trio

University of Delaware Graduate Woodwind Fellowship Ensemble

Steven Lester, flute

Josh Snively, clarinet

Lina María Marín-Díaz, piano

Introduction and Variations
on a Trockne Blumen, Op. 160

Franz Schubert (1797-1828)

Katrina King Nicholson, flute

Brianna Jaeger, piano

Guest Artist Recital

Saturday, February 18, 2023 | 5:30 - 7:00 PM | Potomac

Christina Jennings, flute
Lura Johnson, piano

Sonata No. 1 in A major for Violin and Piano, op. 13 (1877) 1. Allegro	Gabriel Fauré (1845-1924)
Suite in the Old Style Moderato Ballet Minuet Fugue Pantomine	Alfred Schnittke (1934-1998)
Between Two Worlds (Ukiyo-e III) Fantasia Scherzosa (Fast dance) Night Scene A Sarabande (Slow dance) Night Scene B	George Rochberg (1918-2005)
Zinfandel for Solo Flute	Reena Esmail (b. 1983)
Le Badinage	Marin Marais (1656-1728)
Season of Change	Shannon Heaton
an evolving romance for flute and piano (for Lura and Christina)	Jeffrey Mumford (b. 1955)
Pièce	Mel Bonis (1858-1937)

Cabaret

PROJECT Trio

Saturday, February 18, 2023 | 7:00-8:15 PM | Red Fox

Selections will be announced from the stage

Greg Patillo, flute
Daniel Berkey, alto saxophone
Peter Seymour, double bass



Flutist Christina Jennings is praised for virtuoso technique, rich tone, and command of a wide range of literature featuring works from Bach to Zwilich. The Houston Press declared: “Jennings has got what it takes: a distinctive voice, charisma, and a pyrotechnic style that works magic on the ears.”

Ms. Jennings enjoys a musical career made up of diverse performing and recording, collaborations with living composers, and work guiding young musicians. She is the winner of numerous competitions including Concert Artists Guild, Houston Symphony’s Ima Hogg, and The National Flute Association Young Artists.

Active as a concerto soloist, Ms. Jennings has appeared with over fifty orchestras including the Utah and Houston Symphonies. In 2009 she premiered concertos written for her by Carter Pann and Laura Elise Schwendinger. The Washington Post described her performance of the Jonathan Leshnoff Concerto with the Fairfax Symphony as a “spirited, quicksilver performance.” Highlights of the 2019-20 season include concerto performances with the New Century Chamber Orchestra, performances with Simone Dinnerstein at the Baroklyn series (Miller Theater), and a new concerto commission with the River Oaks Chamber Orchestra for flute and viola d’amore with Matthew Dane.

As broad-gauged in her musical pursuits as she is in her repertoire choices, Ms. Jennings played ten years as the Principal Flute with the River Oaks Chamber Orchestra (Houston) where the Houston Culture Map described her as a “flutist (who) glistened with golden pixie dust”. She currently performs as Principal Flute with the Arizona MusicFest! Orchestra and has performed frequently with Orchestra 2001 including recent performances at the Library of Congress and in Havana, Cuba. She has worked with such diverse artists such as Jethro Tull, David Parsons Dance Company, and members of Pilobolus. Chamber music partners have included the Ensō, Brentano, and Takács string Quartets, the Brasil Guitar Duo, Lucy Shelton, Simone Dinnerstein, Jonathan Leathwood, and Bridget Kibbey.

Christina Jennings can be heard in works by Alec Wilder alongside jazz great Marian McPartland in a shared CD for Albany Records. In 2013 two discs were released featuring Ms. Jennings in the work of Laura Elise Schwendinger. *Three Works* (Albany) features the flute concerto *Waking Dream* for which *Fanfare Magazine* said “Exquisitely played by Christina Jennings (the work’s dedicatee), this is the highlight of the disc.” Ms. Schwendinger’s *High Wire Act* (Centaur Records) also features Ms. Jennings in *High Wire Act* and *Rumor*. Her most recent publication is a Naxos disc of flute music by the American composer George Rochberg which features her transcriptions of the *Caprice Variations* published by Galaxy Music. The 2015 *Gramophone* review says: “Jennings fades to silence in *Slow Fires* ‘while spinning around’ [and] the effect is stunning. The recording is miked just right to catch Jennings’s multicoloured nuances of tone and phrase.”

In great demand as a teacher, Ms. Jennings is Associate Professor of Flute at the University of Colorado Boulder, and on the summer faculties of Greenwood Music Camp and ARIA. She has also taught at Texas and Sarasota Music Festivals. She is the director of the Panoramic Flutist Seminar and the Once a Flutist Festival, both in Boulder. She received her Bachelor and Master’s degrees at The Juilliard School, and her principal teachers include Carol Wincenc, Leone Buyse, George Pope, and Jeanne Baxtresser. Ms. Jennings lives in Boulder with her husband, violist Matthew Dane, and their twin sons.



Steinway Artist Lura Johnson is celebrated by critics and audiences for her insightful, emotionally impactful performances. The Washington Post describes hearing her play as “one of life’s great pleasures.” The Baltimore Sun praises her “surging expressive force... impressive bravura...” and “exceptional vitality, color, and impact.” Performing more than one hundred concerts annually as a soloist, chamber musician, and orchestral pianist, Lura captures, distills, and powerfully communicates the spirit and personality of the music she performs. She describes her mission this way: “My goal is to vividly and thoroughly bring to life the essence and true character of the music, the way an actor embodies a role with full

commitment.”

An Accomplished Orchestral Pianist - where Ensemble Skills meet Soloistic Virtuosity Lura is Resident Pianist of the Baltimore Symphony and Principal Pianist of the Delaware Symphony, positions which synthesize her finely honed ensemble skills, soloistic virtuosity, and versatility. She has played principal keyboard for seven albums recorded by the Baltimore Symphony, including Bernstein’s Mass, which received a Grammy nomination in 2010. The Washington Classical Review wrote of a BSO performance of Bernstein’s Age of Anxiety, “[Soloist] Jean-Yves Thibaudet was shadowed brilliantly by the BSO’s outstanding keyboard player, Lura Johnson, on the daunting celesta part.” This collaboration was immortalized in a 2017 album released by the BSO on the Naxos label, and was also part of the Baltimore Symphony Orchestra’s tour of the United Kingdom in 2018, with performances and telecasts at the renowned BBC Proms and the prestigious Edinburgh Festival in Scotland.

Lura has been featured as a soloist with the Baltimore and Delaware Symphonies, performing Rachmaninoff’s First Piano Concerto, Grieg Concerto, Mozart’s K. 466, Gershwin’s Rhapsody in Blue, and Saint-Saens Wedding Cake Waltz. She is one of few keyboardists with the versatility to perform the complete Bach Brandenburg Concerti, moving seamlessly from the continuo harpsichord role in Concertos No.1 through 4 and No. 6 to the solo role in the magnificent Concerto No. 5. Similarly, in the Baltimore Symphony Orchestra’s 2020 production of Amadeus Live, Lura navigated the solo role in several Mozart Concerti, as well as performing the supporting role of organ continuo, eliciting the praise “meticulous and brilliant” from the Montgomery County Sentinel.

Esteemed for her uncommon sensitivity and skill as a chamber music partner, Lura moves flexibly inside an ensemble as leader or supporter, as needed. She has enjoyed success both on the concert stage and in commercial recordings as a member of several chamber ensembles. Duo Baltinati with cellist Ilya Finkelshteyn won Second Prize in the chamber music division of the International Johannes Brahms Competition in 2015.

Chamber music has always been Lura’s true north. “The sensing, the risk-taking, the spontaneous creation in the moment,” she says, “sharing these human experiences through music, not words, is electrifying.” One of her chamber music albums, Inner Voice with violist Peter Minkler, received widespread attention when it was prominently featured in the official trailer for the 2013 Warner Brothers film, Gravity. The mesmerizing state of suspension the two created in their rendition of Arvo Pärt’s Spiegel im Spiegel complemented perfectly the cinematic tale of literal weightlessness set in outer space.

Though she is versatile in any genre from Baroque to contemporary, Lura has a predilection for composers from the Germanic tradition, particularly Brahms, whose chamber works have become a specialty. She has performed the complete Violin Sonata cycle with Baltimore Symphony Concertmaster Jonathan Carney and Annapolis Symphony Concertmaster Netanel Draiblate. In 2015, following her prizewinning performance in the International Johannes Brahms Competition, she joined the staff of the organization, serving as the chamber music partner for the Cello Division from 2016-2018 and joining the jury of the Piano Division in 2019.

The Art of Prelude and Fugue - A Solo Project is a mammoth and visionary solo project originated in 2017 and is a first-of-its-kind curation of the entire Well-Tempered Clavier of J.S. Bach interspersed with the complete Preludes and Fugues of Dmitri Shostakovich, with an emphasis on the striking connections between the works. Many pianists have performed and recorded the complete Well-Tempered Clavier of Bach. A handful have performed and recorded the entire opus of Shostakovich’s preludes and fugues. But no one has performed both monumental cycles in their entirety—until now. Presenting these two works interstitially is both shockingly unorthodox and a most natural partnership. The curation both contextualizes an exceedingly well-known work and brings to greater attention a lesser known masterpiece.

Her discography includes a solo album, Turning, three chamber music albums, and half a dozen orchestral recordings for the Decca Classics, Naxos, Innova, Centaur, Albany, and Azica labels.

Flute Choir Showcase Schedule

Sunday, February 19

9:45 AM	Duquesne University Flute Choir <i>Dan Parasky, director</i>	Belmont Lobby
10:30 AM	Flutes on the Brink <i>Linda Crisafulli, director</i>	Belmont Lobby
11:00 AM	Freedom High School Flute Choir <i>Prisha Bahl, director</i>	Red Fox
12:00 PM	Trilovati - West Chester University <i>Kimberly Reighley, director</i>	Red Fox
12:45 PM	Flute Frenzy <i>Sean Arawjo, director</i>	Red Fox
1:30 PM	The Pennsylvania Flute Choir <i>Scott Zeplin, director</i>	Red Fox
2:15 PM	Arlington Flute Ensemble <i>Maria Luisa de la Cerda Rohde, director</i>	Red Fox

Workshop

The Body of Sound

Sunday, February 19, 2023 | 8:15-9:05 AM | Sully

With Morgann Davis

Bring your flute!

Focused on embodying the creation of tone, this workshop introduces attendees to physical movements and exercises that are connected with tailored, exploratory flute warm-ups to create mobility, ease of playing, and resonance. Participants will move and play throughout the workshop to experience and explore the ways that the body impacts sound. This workshop is suitable for all players as the movements can be adapted to suit individual physical needs.

Recital

Overlapping Sonorities

Sunday, February 19, 2023 | 9:15-10:00 AM | Potomac III

With Mehrdad Gholami, Alicia Kosack, and Shauna Thompson

Persian Folksongs

Mehrdad Gholami

WORLD PREMIERE
Mehrdad Gholami, flute
Shauna Thompson, flute

Neon Flicker (2012)

Takuma Itoh (b. 1984)

Careening into Freedom (2021)

Jonathan Cohen (b. 1954)

(Re) Inventions (2016)

Roger Zare (b. 1985)

I. Lively

II. Very Slow

III. Groovy

Alicia Kosack, flute
Laura Armstrong, soprano saxophone

Recital

Works by Flutist-Composers

Sunday, February 19, 2023 | 9:15-10:00 AM | Colvin Run

With *Anamarie Diaz, Tabatha Easley, Kayla Hanvey,
and Dan Parasky*

Five Miniatures for Solo Flute

Gay Kahkonen (b. 1968)

I. Bounce

II. Dance

III. Longing

IV. Etude

V. Pirouette Polka

Dark Angel

Gay Kahkonen (b. 1968)

Dan Parasky, flute

Matt Klump, piano

Elegy for solo alto flute

Kristen Stoner (b. 1973)

Amazonia for flute and piano (2020)

Valerie Coleman (b. 1970)

Wake Up! for piccolo and alarm clock

Tilmann Dehnhard (b. 1968)

Percolate for flute trio (2015)

Nicole Chamberlain (b. 1977)

The Chamberlain Trio

Tabatha Easley, flute and alto flute

Kayla Hanvey, flute

Anamarie Diaz, flute

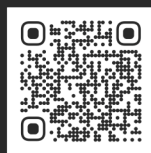
Magda Adamek, piano

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2023 Multi-Instrument Repair Sale
Stacking 10% off each additional instrument
scheduled for repair up to 50% off.
Scan QR code for details

Panel Discussion

Experiencing Technical Difficulties: Ask the Tech

Sunday, February 19, 2023 | 9:15-10:05 AM | Chrysalis

***With Jeff Dening, Rachael Simon, David Kee, Luke Penella,
and Keith Hanlon***

Five flute fixing pros emerge blinking and bleary-eyed from their shops to bravely (or foolishly) answer your questions. In this panel discussion bring your questions, specific or general, about how your flute works or doesn't. Is it me or is there something wrong with my flute? (hint: it's usually not you) What pads are best? Do professional technicians have favorite flute brands and will they say? How does one become a technician? How many of our panelists are actually flutists? Who secretly loves piccolos? Do techs prefer to be tipped in brownies or cookies? If you don't come to this session to ask you'll never know.

Recital

Three Loves

Sunday, February 19, 2023 | 9:30-10:15 AM | Potomac I

With Seungmin Oh and Eun Suk Cha

- | | |
|--|--------------------------------|
| Sonata, Op. 140, "Appassionata"
in f-sharp minor for solo flute | Sigfrid Karg-Elert (1877-1933) |
| Le Rire de Sarai for flute and piano
I. La plainte d'Agar
II. Benediction de l'Alliance | Guillaume Connesson (b. 1970) |
| Three Romances Op. 94
for flute and piano
I. Nicht schnell
II. Einfach, innig
III. Nicht schnell | Robert Schumann (1810-1856) |
| Three Romances Op. 22
for flute and piano
I. Andante molto
II. Allegretto: Mit zartem Vortrage
III. Leidenschaftlich schnell | Clara Schumann (1819-1896) |

***Seungmin Oh, flute
Eun Suk Cha, piano***

Workshop

Ways to Improve Quality of Tone & Embouchure Flexibility

Sunday, February 19, 2023 | 9:45-10:35 AM | Sully

With Elizabeth Lantz

Lecture demonstration about ways to improve quality of tone and create embouchure flexibility.

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Concert

2023 Mid-Atlantic High School Flute Choir

Sunday, February 19, 2023 | 10:00-11:00 am | Piedmont

Gareth McLearnon, Conductor
Susan Carmichael-Kerry, Coordinator

Sonata in F Major

George Frideric Handel (1685-1759)

Largo

arr. Colin Fleming (b. 1957)

Allegro

Siciliano

Presto

Danny Boy for Solo Flute & Flute Ensemble

Traditional

arr. Gareth McLearnon (b. 1980)

Gareth McLearnon, soloist

The Best Bits of the Carmen Fantasy
for Two Flutes & Flute Ensemble

Georges Bizet (1838-1875)/

François Borne (1840-1920)

arr. Gareth McLearnon

Christina Jennings & Shauna Thompson, soloists

Adagio from Symphony No. 2

Sergei Rachmaninoff (1873-1943)

arr. Shaul Ben-Meir (1940-2021)

DEEP DISH

Gareth McLearnon

Edge Effect

Gareth McLearnon

featuring Greg Pattillo

Judges: Nina Assimakopoulos, Shiyu Chen, Yuan-I Jeffrey, & Melissa Lindon

Musicians

Name	School	Teacher
Sanya Bharti	Richard Montgomery High School (MD)	Carolyn Oh
Luke Bradley	Homeschool (VA)	Susan Bour
Elizabeth Chu	Montgomery Blair High School (MD)	Donna Dymond
Yeinn Kim	Poolesville High School (MD)	Carolyn Oh
Madeline Kolenc	Yough Senior High School (PA)	Rosalind Stack
Kathryn Lang	W.T. Woodson High School (VA)	Erin Fleming Morgan
Sommer Lang	Winston Churchill High School (MD)	Carolyn Oh
Esther Lee	Centreville High School (VA)	Youn Yi
Ian Lee	McLean High School (VA)	Youn Yi
Jasmine Li	Poolesville High School (MD)	Donna Dymond
Dominic Nguyen	Cuthbertson High School (NC)	Allison Marie Kelsey
Cailyn Oh	Thomas Jefferson High School for Science	Youn Yi
Chloe Prophet	Glenelg High School (MD)	Denis Karp
Alexander Viado	Princess Anne High School (VA)	Traci Bluhm
Grace Wang	Howard High School (MD)	Susan Carmichael-Kerry
Rebecca Weathington	Freedom High School (VA)	Susan Bour
Ann Yang	Winston Churchill High School (MD)	Donna Dymond
Jaylynn Yang	Thomas S. Wootton High School (MD)	Donna Dymond

Guest Musicians:

Alto Flute: Nancy Efron, Margaret Howard, Jackie Moore,
Nicole Nicolov

Bass Flute: Samantha Fingerman, Vicki Mack,
Judy Sammel, Marla Snyder

Contrabass Flute: Abby Schendt, Gail Vehslage

FSW would like to thank Haynes Flutes for their support of
Gareth's appearance



Recital

American Women Soldiers Inspired by American Women Composers

Sunday, February 19, 2023 | 10:15-11:05 AM | Potomac III

***With United States Army Old Guard Fife and Drum Corps' Modern
Flute Ensemble***

Umoja Valerie Coleman (b. 1970)

Four 'Scapes (1998) Cynthia Folio (b. 1954)
I. Cityscape
II. Seascape
III. Landscape
IV. Escape

Fireflies Amy Beach
arr. John Gibson (1867-1944)

Quartet Germaine Tailleferre
I. Modéré
II. Intermède
III. Final
arr. Kathryn Ladner

Girl I Left Behind Me Traditional

Saratoga Quickstep Morton Gould (1913-1996)
arr. Aaron Morgan (b. 1987)

French Quarter Nicole Chamberlain (b. 1977)
I. Bourbon Street
II. Beignets
III. Preservation Hall
IV. St. Louis Cemetery

***SSG(P) Erin Morgan, SSG Shannon Moore, SSG Valerie Cowan,
SSG Katie Rice Rogers, flute
SFC Sidonie McCray, percussion***

Recital

Marta Plominska and Shauna Thompson in Recital

Sunday, February 19, 2023 | 10:30-11:20 AM | Potomac I

With Marta Plominska and Shauna Thompson

Sonatina for flute and piano Tadeusz Kassern (1904-1957)

I. Allegro non troppo

II. Adagio

III. Con animo

Sonatina for flute and piano (1925) Alexander Tansman (1897-1986)

I. Modéré

II. Intermezzo

III. Scherzo: Foxtrott

IV. Notturmo

V. Finale

Marta Plominska, flute

Jasmin Lee, piano

Reflections (2022)

Martin Blessinger (b. 1978)

I. March

II. Scherzo

Fanmi Imèn (2018)

Valerie Coleman (b. 1970)

Sicilienne et Burlesque, Op. 23 (1914)

Alfred Casella (1883-1947)

Shauna Thompson, flute

Michael Bukhman, piano

Recital

Avian Antics

Sunday, February 19, 2023 | 10:30-11:20 AM | Colvin Run

***With Laura Benning, María Luisa de la Cerda Rohde, Gwyn Jones,
Nan Raphael, Cynthia Rugolo, and Laura Zabanal***

Flea Circus Anthony O'Toole (b.1968)

Fever Dreams Amanda Harberg (b. 1973)

Bird Tango Crt Sojar Voglar (b. 1976)

Piccolo Ridicolo Julia Grenfell

***Nan Raphael, María Luisa de la Cerda Rohde, and
Laura Zabanal, piccolo
Daniel Lu, piano***

Birds (2016) Herman Beeftink (b. 1953)

Part I - Birdsong

Part II - Flight

Part III - The Journey

Rule of Three Trio

***Cynthia Rugolo, piccolo
Gwyn Jones, flute
Laura Benning, alto flute***

Swans for two alto flutes and piano (2022) Daniel Dorff (b. 1956)

***Laura Benning and Gwyn Jones, alto flute
Natasha Dukan, piano***

Affinity Group

LGBTQIA2S Flutists

Sunday, February 19, 2023 | 10:30-11:20 AM | Chrysalis

With Willie Santiago

A safe space for LGBTQIA2S flutists to socialize and network.

Recital

New and Noteworthy: Commissioned Works for Ensembles

Sunday, February 19, 2023 | 10:30 - 11:20 AM | Tarara

With Jenny Cline and Melissa Lindon

Two Stepping (2022)

Mason Bynes (b. 1997)

A Walk Through the Garden (2021) Andrew John Kosinski (b. 1998)

I. The Navesink Twin Lights

II. Allaire State Park

III. The Manasquan Inlet

Co-Commissioned by Patagonia Winds and Quinception

Patagonia Winds

*Melissa Lindon, flute, Emily Tsai, oboe, Emily Robinson, clarinet,
Jay Chadwick, horn, Tia Wortham, bassoon*

Jubilee (2022)

Kevin Day (b. 1996)

WORLD PREMIERE

Commissioned by Quinception

Quinception Wind Quintet

*Jenny Cline, flute, Nicholas Gatto, oboe, Kevin Dayton, clarinet,
Evan Young, horn, Liz Rosa, bassoon*

Mementos (2021)

Amanda Harberg (b. 1973)

for flute, piccolo and guitar

I. Cat's Cradle

II. Sweet Clover

III. Marble Horse

IV. Looking Glass

V. Wind Vane

Commissioned by Cline/Cuestas Duo

Offerings for alto flute and guitar (2019)

Gary Schocker (b. 1959)

I. On the Temple Stairs

II. Fruits and Flowers

III. And Now, for Some Dancing

WORLD PREMIERE

Commissioned by Cline/Cuestas Duo

*Jenny Cline, flute
Carlos Cuestas, guitar*

Workshop

Andersen Expanded!

Sunday, February 19, 2023 | 11:00-11:30 AM | Sully

With Rebecca Dunnell

Bring your flute!

Rebecca Dunnell has created preludes, duets, trios, and tone development studies based on Andersen op. 37 and op. 41 etudes. We will introduce a few of these works, enlisting volunteers from the audience.

Recital

From an End to New Beginnings: Music of Maier, Ravel and Koechlin

Sunday, February 19, 2023 | 12:00-12:50 PM | Potomac I

With Ai Goldsmith

Sonata in B Minor	Amanda Maier (1853 – 1894)
I. Allegro	arr. Carol Wincenc
II. Andantino	co-ed. Bryan Wagorn
III. Allegro molto vivace	
Sonatine for flute and piano	Maurice Ravel (1875 - 1937)
I. Modéré	arr. Robert Stallman
II. Mouvement de Menuet	
III. Animé	
Sonate pour piano et flûte, Op. 52	Charles Koechlin (1867-1950)
I. Allegro molto tranquillo	
II. Mouvement de sicilienne	
III. Animé et gai	

Ai Goldsmith, flute
Bora Lee, piano

Recital

Celebrating Women Composers in the Flute Repertoire

Sunday, February 19, 2023 | 12:00-12:50 PM | Colvin Run

With John Ross and Aimee Toner

O ignee Spiritus with flute drone Hildegard von Bingen (1098-1179)
from the Werner Icking Music Archive arr. Aimee Toner

3 Compositions, Amy Beach (1867-1944)
Op 40 for flutes and piano (1898) tr. C.A Vater
Berceuse
Mazurka

Pray (2010) Allison Loggins-Hull (b. 1982)

Memory for solo flute (2016) Chen Yi (b. 1953)
arr. Holzhausen

*Aimee Toner, flute and alto flute
Jasmin Lee, piano*

(I'm)Migration for solo piccolo (2020) Talia Erdal (b. 1991)

Nocturne for flute and piano (1911) Lili Boulanger (1893-1918)

Dolce Tormento for solo piccolo (2005) Kaija Saariaho (b. 1952)

rapid fire for solo flute (1992) Jennifer Higdon (b. 1962)

*John Ross, flute and piccolo
Jasmin Lee, piano*

Lecture/Recital

Discovering Vast Ukrainian Flute Heritage

Sunday, February 19, 2023 | 12:00-12:50 PM | Sully

With Dmytro Gnativ

There are more than 150 Ukrainian composers who wrote at least one piece for the flute. These include concertos, sonatas, suites, solo pieces, and other genres. Many of these works are just as valuable as the standard flute repertoire. Why isn't that more widely known?

During this lecture-recital we will discuss: the nuances of Ukraine's history and how it shaped its music; the lack of visibility of Ukrainian composers; and the hidden yet strong presence of Ukrainian culture in music around the world. In addition, we will discuss what role the current war plays in uncovering Ukrainians' forgotten artistry. Join me in discovering gems by B. Lyatoshynsky, Y. Stankovych, M. Skoryk, Z. Kolodub, L. Dychko; and why we should consider the inclusion of their works into our standard repertoire.

Poem	Zhanna Kolodub (b. 1930)
Dances of Flowers: Thumbelina	Yevhen Stankovych (b. 1942)
Poem	Lesia Dychko (b. 1939)
Fantasia on Two Ukrainian Folk Themes	Mykola Lysenko (1842-1912)

Dmytro Gnativ, flute
Oleksii Ivanchenko, piano

Workshop

Hear and Play: A Fun Approach to Extended Techniques for Everyone

Sunday, February 19, 2023 | 12:00-12:50 PM | Piedmont

***With Julianna Nickel and members of the GMU flute studio,
including arranger, Zoe Bockman***

Bring your flute!

Together, Julianna Nickel and her student Zoe Bockman developed 3 very short quartets that include various extended techniques and a popular melody. They will present the extended techniques demonstrated by various GMU students and the attendees are welcome to perform these short works.

Julianna Nickel first presented these quartets at her Mason Summer FluteAcademy as a fun way to incorporate extended techniques. The quartets have now been expanded to allow many flutists on each part. This workshop welcomes flutists of any age.

Open Mic

Sunday, February 19, 2023 | 12:00-3:00 PM | Belmont Foyer

Sign up for up to 15 minutes of time in this informal performance setting. No piano will be available, and chamber ensembles are encouraged.

Flute Choir Reading Session

Sunday, February 19, 12:15 - 1:05 PM | Fairfax

Led by María Luisa de la Cerda Rohde

Bring your flutes and a music stand!

Out of Their Rinds:

Jonathan Cohen

Five Fresh Squeezed Citrus Soliloquies

*Published by Falls House Press, scored for piccolo, flutes 1-4,
alto, bass, contrabass*

Fantasia Oriunda

Daniel Cueto

*Published by Daniel Cueto, digital download
www.sheetmusicplus.com*, scored for flute 1-2, alto, bass, optional
contrabass*

Theme and Variations on “The Happy Farmer”

Melvin Lauf, Jr.

From Album for the Young, op. 68, no. 10 by Robert Schumann

*Published by Flute.net publications, scored for piccolo 1-2, flute 1-5,
alto 1-2, bass, contrabass*

“Happy” from Despicable Me

Pharrell

arr. Lisa Ochoco

*Published by Lisa L. Ochoco, digital download
www.sheetmusicplus.com*, scored for flute 1-5, bass, percussion by
hand slap, knee slap, and thigh slap*

Imagine

John Lennon/Paul McCartney

arr. David Warin Solomons

Digital download www.sheetmusicplus.com, scored for flute 1-4, alto,
bass*

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Recital

The Poetic Voice: Music Inspired by Art and Poetry

Sunday, February 19, 2023 | 12:30-1:20 PM | Tarara

With Carol Rena Shansky

Bati l’Gani, "I Have Come Into My Garden" (2003)

Meira Warshauer (b. 1949)

Inspired by Song of Songs, Ch. 5, vs. 1

Four Glimpses of Night

Binnette Lipper (1939-2016)

Inspired by the poems of Frank Marshall

I. Agitato

II. Cheerfully

III. “Peddling”

IV. Freely

Yefei Nof, "A Beautiful View" (1978)

Yardena Alotin (1930-1994)

Inspired by Psalm 48, Psalm of the Sons of Korah

Selections from A Flutist’s Garden of Verses
for C flute, alto and bass flutes

Elaine Fine (b. 1959)

Inspired by “A Child’s Garden of Verses”

by Robert Louis Stevenson

Carol Rena Shansky, flute, alto flute and bass flute

Invention for Flute and Clarinet

Charles Cacioppo

Beasts of the Field (1990)

Beth Wiemann (b. 1959)

I.

II. Allegro

III.

The Twa Corbies

Joe Stollery (b. ca. 1995)

for alto flute and bass clarinet (2013)

The Flight of the Brave Chicken:

Shulamit Ran (b. 1949)

Ode to Nina (2018) for piccolo/flute and clarinet/bass clarinet

Synergy 78

***Carol Rena Shansky, flute and alto flute
Michelle Kiec, clarinet and bass clarinet***

Recital

Borrowed Stories: Inspired by Music from the Orchestra

Sunday, February 19, 2023 | 1:15-2:05 PM | Potomac I

With Christopher Lee and Denis Savelyev

Danzón No.2

Two flutes, piccolo, piano, claves

Arturo Marquez (b. 1950)

arr. Lee

*Christopher Lee and Denis Savelyev, flute
Anna Savelyev, piano*

Poème Élégiacque

Flute and piano

Eugène Ysaÿe (1858-1931)

arr. Savelyev

*Denis Savelyev, flute
Anna Savelyev, piano*

Adagietto from Symphony No.5
Flute and piano

Gustav Mahler (1860-1911)
arr. Lee

El sombrero de tres picos
II. Danse du Meunier
III. Danse Finale

Manuel DeFalla (1876-1946)
arr. Lee

Melody

Myroslav Skoryk (1938-2020)
arr. Lee

*Christopher Lee, flute
Anna Savelyev, piano*

Recital

Broadening Our Horizons: Music to Diversify your Flute Repertoire

Sunday, February 19, 2023 | 1:15-2:05 PM | Colvin Run

With Dennis Karp, Alicia Kosack, and Sarah McIver

Acadian Dreams (2016) Adrienne Albert (b. 1941)

***Alicia Kosack, flute
Heather Adelsberger, piano***

Sonata No. 1 Joseph Bologne, Chevalier de Saint-Georges (1745-1799)
in Bb Major, Op. 1a (~1781) ed. Matt Johnston

I. Allegro

II. Tempo di minuetto

***Denis Karp, flute
Heather Adelsberger, piano***

The Pied Piper of Harlem (1980) Adolphus Hailstork (b. 1941)

I. Here Come De Piper...

II. ...Wid A Twinkle In His Eye

III. Git On Board (The "A" Train) Li'l Chillun

Sarah McIver, flute

Three Silhouettes, Samuel Coleridge-Taylor (1875-1912)
Op. 38 (1904) arr. Katherine Needleman

Tambourine

Lament

Valse

***Denis Karp, flute
Heather Adelsberger, piano***

from Pictures (2002) Hilary Taggart (b. 1948)

Kerry

Sprite

Flutter and Fly

Sarah McIver, flute

Legends (2013) Valerie Coleman (b. 1970)

Lin-Fa (The Lotus Lily)

Dagda's Harp

Gaia

El Encierro (The Running of the Bulls)

***Alicia Kosack, flute
Heather Adelsberger, piano***

Recital

The Multimedia Flute

Sunday, February 19, 2023 | 1:15 - 2:05 pm | Sully

With Valerie Cowan, Sammy Holloman, and Angela McBrearty

Meme Engine

Martin Van Klompenberg

I. Success Kid

II. Annoyed Picard

III. This is fine

Valerie Cowan, flute

Voyages for solo flute

Patrick Wickliffe (b. 1981)

I. Tuscany

II. Swiss Alps

III. Lombardy

Sammy Holloman, flute

Three Worlds (2019)

Konstantinos Sifakis (b. 1994)

I. Underwater

II. On the surface

III. In the air

Brush Strokes (2014)

Alyssa Morris (b. 1984)

I. Monet

II. Seurat

III. Van Gogh

IV. Pollock

Crystallum Trio

Angela McBrearty, flute

Anita Pawlak, oboe

Martha Weber, bassoon

Workshop

The Other Diaphragm: Can Pelvic Floor Strengthening Exercises Improve Air Support in Flutists?

Sunday, February 19, 2023 | 1:15-2:05 pm | Piedmont

With Karlotta Davis and Patricia Surman

Flutists have long been advised to increase core strength and abdominal muscle strength to improve air support while performing. Performing long tones on flute while doing sit ups on the floor have been recommended by some flute pedagogues. The abdominal muscles are under voluntary control, and exercise can strengthen this muscle group. The abdominal diaphragm is an involuntary muscle which cannot be voluntarily strengthened. The other diaphragm (i.e., the pelvic diaphragm consisting of the levator ani muscle, other superficial muscles and connective tissue) is under both voluntary control and involuntary control. This muscle group can therefore be strengthened with pelvic floor exercises. This is the first exploration of the written literature available on this topic.

What information is available on the strength of the pelvic floor muscles and air support of the wind instrument performer? Both the medical literature and the musical performance literature will be reviewed to clarify what is known about strengthening the “other diaphragm” as a method of improving air support. The anatomy of the pelvic floor will be briefly reviewed, and how to strengthen the pelvic floor will be discussed with audience participation.

If one thinks of the pelvic floor as the most inferior portion of the abdominal cavity, we know that volitional muscle contraction of the abdominal muscles increases abdominal pressure which is transmitted to the chest cavity, improving air support. Pelvic floor strengthening exercises are easily taught. If found to improve air support, these exercises could be incorporated in the fitness routine of all flutists seeking to expand their breathing capacity. The tuba is the only instrument which requires a greater air flow to produce music from the mouth of the performer through the instrument. A simple exercise to perform, if helpful, would significantly improve the flutist’s air capacity by improving air support. We are unaware of any attention to the “other diaphragm” in this respect.

Workshop

The Sustainable Flute Studio: How Musicianship and Sustainability Go
Hand in Hand

Sunday, February 19, 2023 | 1:30-2:00 PM | Chrysalis

With Holly Saks, EdD

Sustainability is broadly defined as the ability for future generations to meet their needs. This workshop will introduce the concept of sustainability, why it is important to music education, why these two topics go together so well, and how good musicianship is an easy way for students to begin to understand this important and global topic.

Student Masterclass

Sunday, February 19, 1:45-2:45 pm | Potomac III

With Carolyn Oh

Chelsea Kaye Anderson, Coordinator

The Blue Bells of Summer Haven
from Solo Spotlight

Ricky Lombardo (b. 1946)

Zoe Kim
Student of Denis Karp

Madrigal

Philippe Gaubert (1879-1941)

Jessica Yao
Student of Carolyn Oh

Affinity Group

Accessibility

Sunday, February 19, 2023 | 2:00-2:50 M | Tarara

Please join us for community and conversation about what it means to be an 'able' flutist. Allies and anyone who values access to all flutists are also welcome.

Recital

Mélomanie 2: Contemporary Works for Flute and Harpsichord

Sunday, February 19, 2023 | 2:00-2:30pm | Veritas

With Kimberly Reighley

A Mirror of Midnight
for flute and harpsichord (2022)

Larry Nelson (b. 1944)

Trefoil for alto flute and harpsichord (2019) Mark Hagerty (b. 1952)
Impulse
Context
Homage: a Sergio Roberto de Oliveira - sempre conosco

Kimberly Reighley, flute and alto flute
Tracy Richardson, harpsichord

Recital

Flute Treasures

Sunday, February 19, 2023 | 2:30-3:20 PM | Colvin Run

With Rose Bishop, Rebecca Metheny Mason and Audra Ziegel

Le Vent a Travers les Ruines

Yuko Uebayashi (b. 1958)

Nigerian Treasures

Cynthia Cozette Lee (b. 1953)

I. Ancient Treasures Lost

II. The Marketplace

III. The Scar Faced Figure

El Amolador

Adina Izarra (b. 1959)

Rebecca Metheny Mason, flute

Meditacio

Josep Maria Ruera (1900-1988)

Sonatina for flute and piano (1950)

Manuel Oltra (1922-2015)

I. Allegro

II. Andante

III. Allegro Scherzando

Audra Ziegel, flute

Aaron Ziegel, piano

Seal Mother for solo alto flute

Lisa Neher (b. 1985)

Night Song for Moths for solo piccolo

Lisa Neher (b. 1985)

Rose Bishop, alto flute and piccolo

Workshop

Make it Click: Visual and Kinesthetic Connections in Flute Pedagogy

Sunday, February 19, 2023 | 2:30-3:20 PM | Sully

With Jessica Banks

What do pool noodles or yarn have to do with teaching flute? In this session you will discover creative teaching strategies that use visual and kinesthetic connections to help your students understand new concepts quickly. Teaching techniques are helpful for teachers of students at all levels, but especially at the beginner-intermediate level.

Lecture Recital

Expanding the Sound Palette for Flute and Alto Flute

Sunday, February 19, 2023 | 2:30-3:20 PM | Piedmont

With Cate Hummel and Danilo Mezzadri

Iwa Ni

Rebeka Driscoll (b. 1980)

Mercurial

Jay Batzner (b. 1974)

In Cloud Light (2017)

Michael Cryne

Cate Hummel, flute and alto flute

This lecture recital is divided into three short segments: (1) explanation of the pieces' structure and compositional characteristics; (2) demonstration of the extended techniques and equipment required; (3) performance of Plungeon and Among Fireflies. The first segment is based on previous performances and coachings with Januibe Tejera. The second segment has the didactic goal to explain and demonstrate Tejera and Lillios' notation system. Finally, the third segment offers the opportunity to experience a live rendition of these two magnificent works for solo flute and alto flute.

Among Fireflies
for alto flute and electronics (2016)

Elainie Lillios (b. 1964)

Plungeon for amplified solo flute (2014)

Januibe Tejera (b. 1979)

Danilo Mezzadri, flute and alto flute

Guest Artist Masterclass

Sunday, February 19, 3:30-5:00 pm | Potomac

*with Christina Jennings
Lura Johnson, piano*

Sarah Casey, Coordinator

Trois pièces pour flûte

Pierre-Octave Ferroud (1900-1936)

I. Bergère captive

II. Jade

III. Toan-Yan, la Fête du Double Cinq

Ariel Collins

Fanmi Imen

Valerie Coleman (b.1970)

Megumi Kadarusman

Sonatine for Flute and Piano

Pierre Sancan (1916-2008)

Eduard Fajardo

Judges: Krystal Ankerbrand, Jordan Frazier, Jill Thomassen



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The Flute Society of Washington, Inc.

2024 Competitions

All performances, including final rounds, will be held at the 2024 Mid-Atlantic Flute Convention to be held February 17-18, 2024. Complete description, requirements, rules and regulations for all competitions can be found at fsw.net/general-competitions-info/ after March 1, 2023.

Young Artist Competition:

Preliminary and Final Round: Valerie Coleman, Danza de la Mariposa, (Theodore Presser)

Collegiate Soloist Competition:

Preliminary Round:

Benjamin Godard, Suite de Trois Morceaux, Op. 116, III. Valse, (any edition for flute and piano)

Katherine Hoover, Etudes for flute, No. 9 Allegro molto, (Papagena Press)

Final Round:

Eugène Bozza, Image pour flute seule, (Leduc)

G.P. Telemann, Fantasy No. 8 in e minor (no repeats), any edition

Honors:

Elementary Division

Preliminary & final round): Mike Mower, No. 24 You Know It's Good For You from The Modern Flute Player, (Itchy Fingers)

Junior Division

Preliminary Round: Ernesto Köhler, No. 5 Allegretto from 35 Exercises for Flute, Op. 33, (any edition)

Final Round: Georges Bizet/arr. Simon Hunt, Seguidilla from A Bizet Notebook for solo flute, (Spartan Press)

Senior Division

Preliminary Round: Jacques Castérède, No. 1 Vivamente from Twelve Studies for Flute, (Leduc)

Final Round: Pierre-Octave Ferroud, Trois Pieces, I. Bergere Captive, (Salabert)

Mid-Atlantic High School Flute Choir

C Flute:

Franz Wilhelm Ferling/adapted by Cyrille Rose, No. 10 Allegro moderato from Thirty-two Rose Etudes for Flute, no accompaniment (Carl Fischer)

Ernesto Köhler/ed. H. Voxman, Valse lento in G Major from Selected Studies, (Rubank)

Piccolo:

Ernesto Köhler No. 6 At the Fountain from 25 Romantic Etudes for flute, Op. 66, (any edition)



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